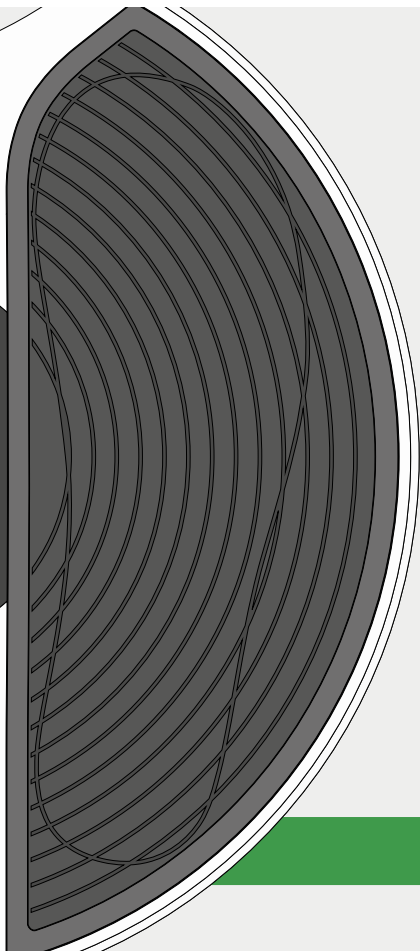


REVITIVE



REVITIVE. Medic

Quick Start Guide

CIRCULATION BOOSTER®

Welcome

Thank you for choosing Revitive, and joining over 2 million users, who are relieving their pain to get moving again.

The Revitive Medic Circulation Booster device has been designed to boost circulation, for relief of leg aches & pains, swelling, and cramping so you can continue to do the things you love and get the most out of life.

Need help?

How-to videos

For videos of setup and using your Revitive system, go to: support.revitive.com

2-year warranty

To activate your free 2-year warranty please register your device at: support.revitive.com

Your serial number can be found on the back of your device or the base of the box.

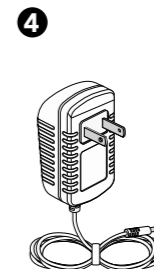


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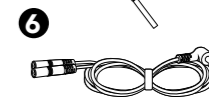
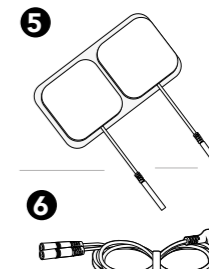
What's in the box



- 1 Revitive Medic
- 2 Remote control
- 3 AAA batteries x2



- 4 Power adaptor Cable length 180cm
- 5 Electrode Body Pads
- 6 Electrode cord Cable length 150cm



Before use

Important Safeguards

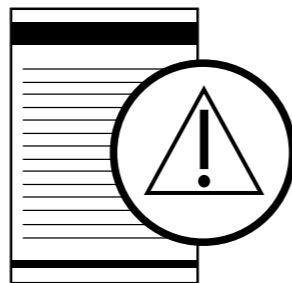
DO NOT USE IF:

- You have a cardiac pacemaker, implanted defibrillator, or other implanted electronic device
- You are being treated for, or suspect you have, a Deep Vein Thrombosis (DVT)
- You are pregnant

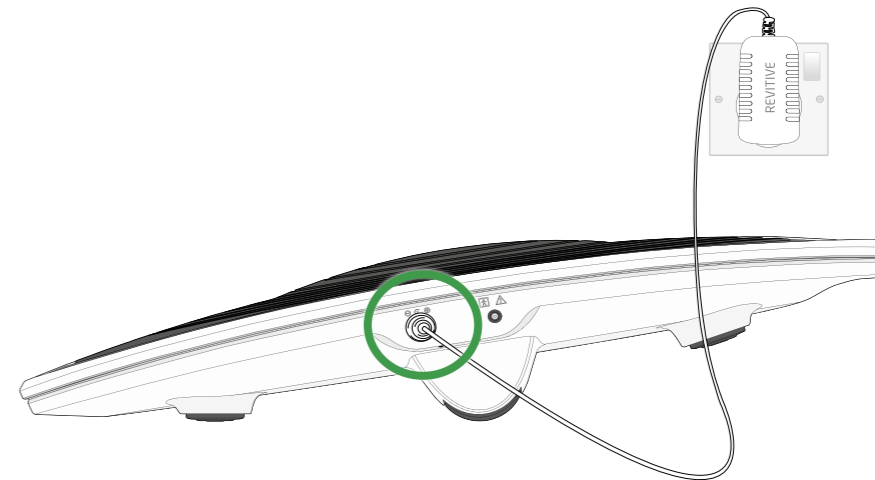
All Warnings, Cautions and Safety Precautions must be read before using Revitive for the first time. See pages 9-17 of the main User's manual.

Remove Labels off Device

Refer to the User's Manual for complete information.



Plug in



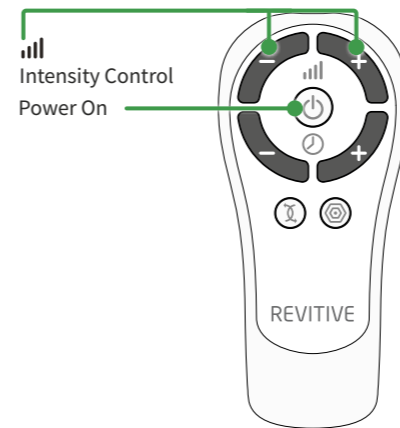
- Revitive can be powered from either the integrated rechargeable battery or by using the mains power.

Place feet on Revitive

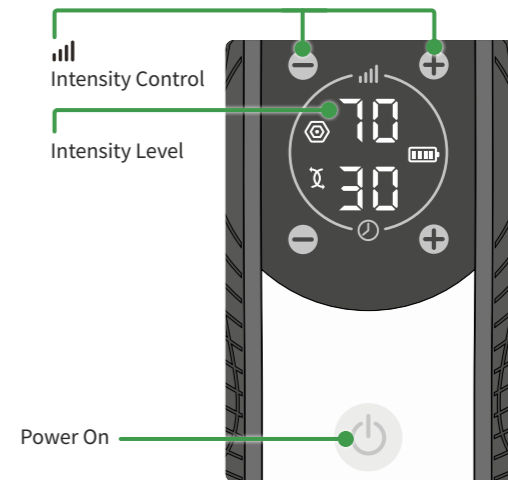


- Place bare feet on the foot-pads.
- For best results sit with your knees at a 90-degree angle (right angle).
- **Never stand** on Revitive.

Press on & set intensity



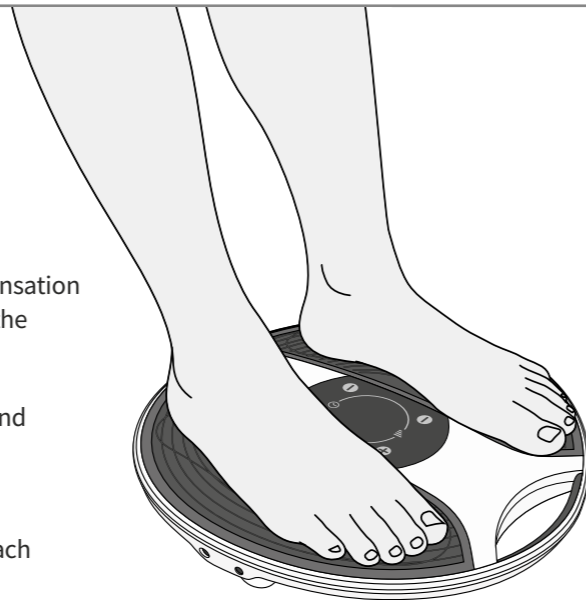
Remote Control



Device

First use

- You will feel a tingling or pins and needles sensation in your feet from the electrical stimulation - the foot-pads will not vibrate.
- You will see or feel the muscles in your feet and lower legs contracting.
- No two feet are the same, you may feel the stimulation is weaker or stronger between each foot. This is normal.




For best results

- Use **foot-pads for at least 30 to 60 minutes each day**, 7 days a week.
- It is important to use at a high enough intensity to give you a strong comfortable muscle contraction. Most people achieve a strong muscle contraction **over intensity level 40**.
- **Apply moisturizer** to the soles of the feet to help hydrate the skin and improve the delivery of electrical stimulation.
- It can take up to **8 weeks** to help reduce symptoms associated with poor circulation.

Use daily

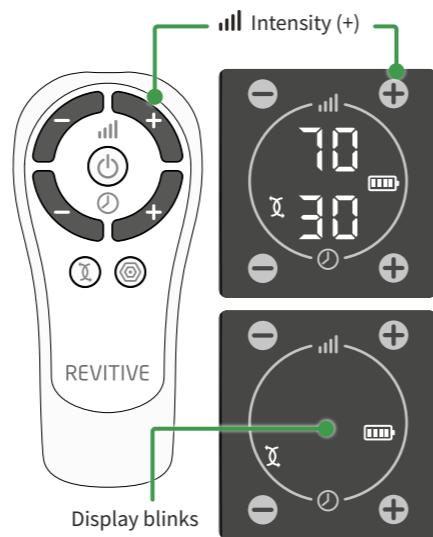
 Intensity **40+**
 **30-60 min**

 for **60+** days

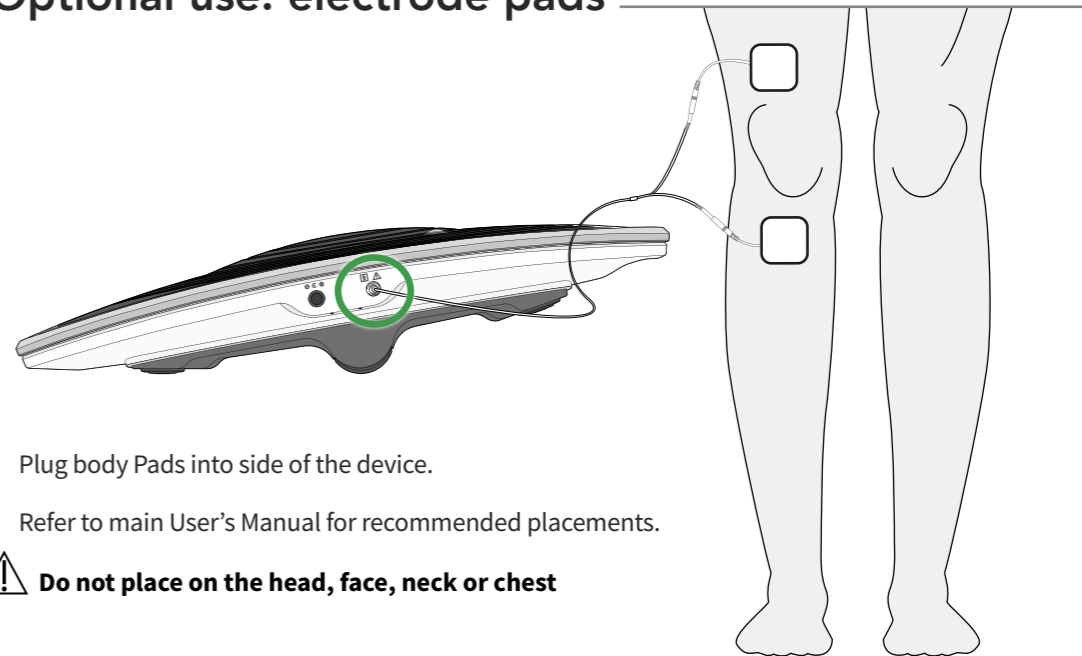
 be hydrated

Auto pause

- If you remove one or both feet from the foot-pads, or if you have extremely dry skin on your feet, Revitive will pause your therapy session.
- When in pause mode the display will blink on and off.
- The stimulation can be resumed by placing both feet back on the foot-pads and then pressing the (+) button on the Intensity Control. Apply moisturizer to the soles of the feet if extremely dry
- After 10 minutes of being in the paused state, Revitive will switch itself off.



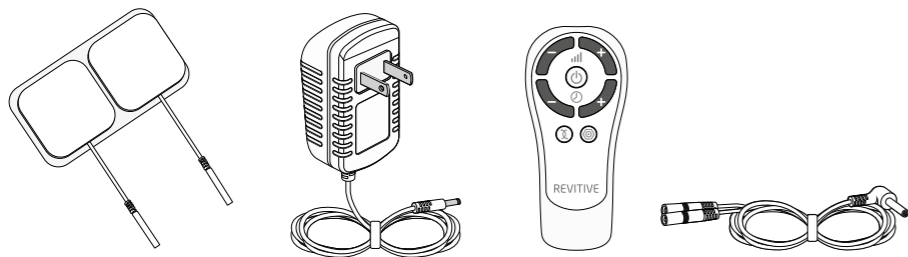
Optional use: electrode pads



- Plug body Pads into side of the device.
- Refer to main User's Manual for recommended placements.

⚠ Do not place on the head, face, neck or chest

Accessories



- Body Pads are reusable up to 20-30 applications
- Only accessories supplied by, or purchased from the manufacturer may be used with your Revitive
- For more accessories or new parts visit www.revitive.com

Intended use

Revitive is intended to be used for electrical stimulation of the muscles of the lower leg for the purposes of supporting muscle function, and supporting and improving blood circulation. In addition Revitive is intended to be used for electrical stimulation of sore and aching muscles to relieve pain. Revitive is intended for home use for 30 minutes per treatment with a maximum of 3 hours treatment time per day as required.

In TENS mode, Revitive is intended to provide symptomatic relief and management of chronic, intractable pain and relief of pain associated with arthritis and for temporary relief of pain in sore and aching muscles. TENS stimulation may be used as and when required. It is recommended to use Revitive using TENS stimulation for 20-30 minutes per session.

Revitive is not intended to manage or reverse any underlying condition or provide long-term results, it is intended to provide relief of symptoms.

If you are experiencing any of the following, please consult your physician before using Revitive:

- Cramping leg pain (Claudication) with exercise or walking
- Loss of feeling in the hands or feet (Neuropathy)
- Slow healing wounds (e.g. ulcers)
- Uncertainty about the cause of your symptoms

Indications for use

(1) When using Electrical Muscle Stimulation (NMES), Revitive is intended for/to:

- Users with conditions or diseases that are associated with impaired (poor) blood flow in the legs/ankles/feet, NMES through the foot-pads is intended for use as an adjunctive treatment (as an addition to your existing treatment) to temporarily reduce lower extremity pain, swelling and cramping
- Temporarily increase local blood circulation in healthy leg muscles
- Stimulate healthy muscles in order to improve and facilitate muscle performance
- Temporarily relieve pain associated with sore and aching muscles in the shoulder, waist, back, upper extremities (arms) and lower extremities (legs) due to strain from exercise or normal household duties
- Relaxation of muscle spasm,
- Increase of blood flow circulation,
- Prevention or retardation of disuse atrophy,
- Muscle re-education,
- Maintaining or increasing range of motion, and
- Immediate post-surgical stimulation of calf muscles to prevent venous thrombosis.

(2) When using Revitive to deliver Transcutaneous Electrical Nerve Stimulation (TENS), it is intended to provide:

- Symptomatic relief and management of chronic, intractable pain
- Relief of pain associated with arthritis
- Temporary relief of pain associated with sore and aching muscles in the shoulder, waist, back, upper extremities (arms) and lower extremities (legs) due to strain from exercise or normal household activities.

REVITIVE[®]

Medic



Drug-Free | Clinically Proven | FDA Cleared Medical Device



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6400 Shafer Court, Suite 225
Rosemont, IL 60018
Toll free: 1-877-260-3114

Model: 5573AQ

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support.revitive.com